

## Apex Multisports Coach Profile



**Name:** Tom Smith

### Coaching Qualifications:

- ECB Cricket Level 1
- RFU Rugby Level 1
- FA Football Level 1
- Tri Golf
- Community Sports Leader Tutor
- Young Sports Leader Tutor
- Ultimate Frisbee

### Other Qualifications:

- Pediatric First Aid
- Qualified Personal Trainer
- Qualified Fitness Trainer

### Experience:

- School Sports Co-Ordinator -Rosedale College, Hayes:2006-2008
- Activity Camp organiser- Rosedale College: 2006-2008
- Community Sports Coach (cover)- Rosedale College, Hayes:2007-2008
- School Sports Co-Ordinator- St Georges, Harpenden: Autumn 2009
- School Sports Co-Ordinator- Verulam, St Albans: Spring & Summer 2010
- PPA- St Cuthbert Mayne RC School, Hemel Hempstead: 2008-present